

CONFERENCE AGENDA

General Track Home Health Track Personal/Home Care Track

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Welcome and Home Health and Hospice Federal Legislative and Regulatory Updates presented by Bill Dombi, NAHC President and CEO
Home Health Value Based Purchasing Update presented by Melinda Gaboury from Healthcare Provider Solutions
Service Inquiry Success: A Team Approach to Growth presented by Tim Martens from Beacon Home Care Consulting, LLC
Annual Business Meeting and Awards Presentations with Lunch
Break
Home Healthcare Services and Electronic Visit Verification (EVV) presented by Janene Rowe from Netsmart, Adam Proctor from Nebraska Total Care, Dr. Deb Esser from Molina and Jeremy Sand from UnitedHealthcare
Break
Nebraska POLST: An Introduction to Portable Medical Orders presented by Jacob Dahlke from Nebraska Medicine
Break
Exhibit Hall
Exhibit Hall with Vendor Presentations Vendors are invited to give brief presentations to highlight their products and services.
Networking Event Hosted by Upper Room Brewery at Fyre Modern Grill

Purpose Statement

Connect with home care, home health and hospice professionals across Nebraska to network and learn. Attend our Annual Business meeting to receive updates on how the association is serving you and join us in recognizing award recipients. You will receive the latest federal legislative and regulatory updates.

Conflict of Interest Statement

The speakers have identified no actual, potential or perceived conflict of interest. The Nurse Planners have identified no actual, potential or perceived conflict of interest.

1 Nebraska Association For Home Healtcare and Hospice Annual Conference

CONFERENCE AGENDA

OCTOBER 4, 2023

Secure Your Own Mask, FIRST! General Session presented by Dr. JoAnne Owens-Nauslar				
Break				
Networking Roundtables with Lunch (all attendees)				
Home Health Track				
Networking Break				
Negative Pressure Wound Therapy: Back to the Basics presented by Eric Davis from 3M				
Break				
Understanding Dementia presented by Dr. Anna Fisher from Hillcrest Health Services				
Personal Care Home Care Track				
Crash Dynamics and Distracted Driving presented by Chuck Elley				
Personal Safety/In-Home Visits and Current Drug Trends presented by Chuck Elley				

Travel Home

Hotel Accommodations:

Younes Conference Center North, 707 W. Talmadge Street, Kearney, NE, is providing accommodations for NAHHH 2023 Annual Conference attendees. Room rate is \$144.95/night at the Crowne Plaza, plus any applicable state or municipal taxes, fees, or assessments. To reserve a room call (308) 238-7000 and ask for a room in the NAHHH Annual Conference room block. The number of rooms are limited and the room block is available until September 5th, so book now.



Younes Conference Center North - Kearney, Nebraska Book by September 5th for Discount Rate



Jacob Dahlke

Jacob Dahlke is a clinical ethicist and the Director of the Office of Healthcare Ethics at Nebraska Medicine in Omaha, NE. Jacob is a graduate of The Bioethics Program at Union Graduate College – Mt. Sinai School of Medicine, and is currently in a PhD program at UNMC studying the intersection of healthcare ethics, structural discrimination, and health care policy. He has contributed to medical ethics in Vermont and Colorado, and is a part of the first cohort of nationally credentialed bioethicists through the American Society for Bioethics and Humanities. Jacob's primary interests in bioethics include advance care planning, the intersection of systemic racism and bioethics, and healthcare professional wellness as it relates to moral distress and moral injury.

TOPIC: Nebraska POLST: An Introduction to Portable Medical Orders

In this session, learn about the national POLST program; identify the history within the state of Nebraska; apply the state program's recommendations for how to incorporate the Nebraska POLST form into respective facilities, systems, and other healthcare settings; and demonstrate how to use the state POLST program and NHCPA as resources and support for integrating POLST in standard practice.

Eric Davis is employed by 3M as an Advanced Wound Therapy representative for the territory including Lincoln and western Nebraska. Working in the out of hospital setting, Eric assists customers in the home health, physician office, wound care center, and skilled settings. Eric graduated in 2009 from Chadron State College with his Bachelors degree in Health Sciences, and in 2012 from the University of Nebraska Medical Center in Omaha with his Doctorate of Physical Therapy Degree. Eric was employed in the acute care setting for 10 years as a physical therapist at Mary Lanning Healthcare in Hastings, NE. He has also gained experience in skilled nursing facilities, outpatient physical therapy, home health, and assisted in community programs with the South Heartland District Health Department. He has assisted in PT clinical education with programs including Regis University, Colby Community College, and the University of Nebraska Medical Center.



TOPIC: Negative Pressure Wound Therapy: Back to the Basics

Identify the stages of wound healing and when negative pressure wound therapy (NPWT) is appropriate. Define NPWT. Learn about indications/contraindications, warnings, and mechanism of action for wound care.



Bill Dombi

Bill Dombi is the President of the National Association for Home Care & Hospice. He previously served as the Vice President for Law at NAHC beginning in 1987. As a key part of his responsibilities, Bill specializes in legal, legislative, and regulatory advocacy on behalf of patients and providers of home health and hospice care. With nearly 40 years of experience in health care law and policy, Bill Dombi has been involved in virtually all legislative and regulatory efforts affecting home care and hospice since 1975, including the expansion of the Medicare home health benefit in 1980, the formation of the hospice benefit in 1983, the institution on Medicare PPS for home health in 2000, and the national health care reform legislation in 2010.

TOPIC: Home Health and Hospice Federal Legislative and Regulatory Updates

Gain an understanding of the federal landscape affecting home care and hospice, including Medicare reimbursement, the proposed final rule from CMS, Medicare Advantage plans and the Medicaid Access Rule.

Home Health Care Services and Electronic Visit Verification (EVV)

Review the 21st Century Cures Act; receive an overview of Netsmart EVV and the technological system; review what an open model will mean to providers, projected timelines, training opportunities, affected codes and expectations. Bring your questions and input for interactive discussion about EVV implementation for home healthcare in Nebraska.

Adam Proctor



Adam Proctor is Chief Operating Officer for Nebraska Total Care. Mr. Proctor holds a Master's Degree in Counseling from Arizona State University and has 20 years of healthcare delivery, operations and leadership experience. He has operated community not for profit outpatient behavioral health clinics in Phoenix and Arizona and has been a Network and Operations senior leader in multiple managed care organizations and has a track record of effective change management and provider experience enhancement.

Dr. Debra Esser

Dr. Debra Esser is board certified in Family Medicine. She practiced in Omaha, Nebraska with Methodist Physician Clinic for 15 years. She has been a CMO for BCBS Nebraska, UHC and Aetna. She is knowledgeable about Commercial, Medicaid, Medicare Advantage and Market Place products. Dr. Esser is currently the Chief Medical Officer for Molina HealthCare, a Medicaid vendor for the state of Nebraska. She is very interested in health inequities including cancer screenings, perinatal morbidities and preterm births. In her off time, Dr. Esser is an avid gardener and enjoys cooking and photography.



Janene Rowe



Janene Rowe is an accomplished professional who has worked for over 20 years driving success in business and technology. Janene received her Bachelor of Science in Human Ecology, with a minor in Family and Community Services, from Michigan State University. Janene has not only trained engineers in telecommunication, but has also trained providers, public stakeholders, and state staff while also implementing Electronic Visit Verification (EVV) as a State Payer. At Netsmart, Janene has managed multiple state contracts simultaneously, including SLA compliance measures, while also serving as relationship manager to Netsmart clients. Janene has a broad range of state and private sector experience that facilitates building relationships and products. Janene is passionate about people getting the home health care service they need, ensuring caregivers have the technological skills they need, and providers have the tools and support to ensure the best quality of care to their clients.

Jeremy Sand

Jeremy is beginning his 14th year of service with UnitedHealthcare. He has over 25 years of experience in the Healthcare Industry that includes both payer and provider perspectives. In his role, Jeremy is responsible for the leadership of network operations. He coordinates communication between UnitedHealthcare and contract providers, manages provider services staff, collaborates with the provider services advisory committee, develops provider trainings, and participates in various Medicaid and Long-Term Care committees.

Prior to Jeremy's roles in the Health Insurance Industry, he began his career in healthcare as an analyst in Business Development at the University of Colorado Hospital. He continued to serve there as a Managed Care Contractor and then accepted a Sr. Contractor position at Children's Hospital in Denver.



Jeremy grew up in Lincoln, Nebraska where he graduated from Nebraska Wesleyan University with a Bachelor of Science Degree in Business Administration and a Psychology minor. He enjoys spending time with his family boating in the summer, playing golf, road biking, and travel. Jeremy currently resides in Omaha, Nebraska with his wife and three kids.

Tim Martens

Tim Martens is the Founder and CEO of Beacon Home Care Consulting, specializing in growth strategies of non-medical home care operations for senior care systems, independent and franchise owners and healthcare systems. Martens is a skilled consultant, sales professional and non-medical home care operator. He helped spearhead a national sales training program for service inquiries for the world's largest in-home non-medical franchise system. He is a Nebraska native who loves spending time with his wife, six children, 14 chickens and dog.

TOPIC: Service Inquiry Success: A Team Approach to Growth

In this session, we will review a typical call and best practices for closing; discuss identifying, prioritizing and managing prospects; and best practices for providing care to clients when there are too many referrals and not enough providers.



Dr. Anna Fisher

Dr. Anna Fisher serves as the Hillcrest Health Services quality, dementia, emergency preparedness, and nursing services education expert. Dr. Fisher is responsible for the implementation of educational and quality improvement programs following the identification of regulatory and clinical needs, competency exams, and supporting the need for high quality of care for diverse business lines that include assisted living, memory care, adult day services, in-patient rehabilitation, outpatient therapy, home health care, private duty, telehealth, palliative, hospice, and skilled nursing care.

Dr. Fisher is also an adjunct professor in the College of Arts and Sciences at Bellevue University and teaches in the Masters-Health Administration Program. She was awarded the prestigious Maenner Award for Professorship of the Year in 2012. Dr. Fisher is coproducer of the award-winning television program series, Now What?, about elder care, dementia, and behavioral / mental health. The program series has received the 2012 Bronze

Award and 2014 Silver Award of Excellence from the Nebraska Broadcasters Association under the category of Service to Community.

Awards: National McKnight's Excellence in Technology Awards - 2021 Bronze Award for Quality; 2020 Silver Award for Keep it Super Simple, 2019 Silver Award for Innovator of the Year, and 2018 Gold Award for McKnight's Excellence in Technology for the Montessori Method in Dementia Care.

Publications: 2015 Award for Publication Excellence (APEX) in the Health & Medical Writing category for co-authored article, Best Practices for Engaging Patients with Dementia, published in the November 2014 issue of Nursing 2015.

Co-authored scholarly article, Preventing and Identifying Hospital-Acquired Delirium, published in January 2020 issue of Nursing 2020. Co-authored scholarly article, Using the Montessori Method to Engage Patients with Dementia. Article published in the March 2015 issue of Nursing 2015 Critical Care. Co-authored article: Use of the Montessori Method for Persons with Dementia: Outline of a New Stage of Training for Montessorians. Article published in McKnight's Longterm Care Magazine, http://www.mcknights.com/how-montessori-learningis-unlocking-new-methods-in-dementia-care/article/349051/

TOPIC: Understanding Dementia

In this session, we will discuss common behavioral and psychological symptoms of dementia. Discuss the four main types of dementia and the mild, moderate, and severe stages. Discuss the importance of communication and standards of care for treatment and care of individuals with the different types of dementia.

Melinda A. Gaboury

Melinda A. Gaboury is co-founder and Chief Executive Officer of Healthcare Provider Solutions, Inc. (HPS). Melinda Gaboury and Mark Cannon founded the company in April 2001 to provide financial, reimbursement, billing, operational and clinical consulting to the home care and hospice industries.

Melinda A. Gaboury, with more than 30 years in home care, has over 22 years of executive speaking and educating experience, including extensive day-to-day interaction with home care and hospice professionals. She routinely conducts Home Care and Hospice Reimbursement Workshops and speaks at state association meetings throughout the country. Melinda has profound experience in Medicare PDGM training, billing, collections, case-mix calculations, chart reviews and due diligence. UPIC, RA, ADR & TPE appeals with all Medicare MACs have become the forefront of Melinda's current impact on the industry. She is currently serving as Chair of NAHC/HHFMA Advisory Board and Work Group and serves on the Board of Directors for both the Home Care Association of Florida and the Tennessee Association for Home Care. Melinda is also the author of the Home Health OASIS Guide to OASIS-E and Home Health Billing Answers, 2023.

Melinda attended Cumberland University in Lebanon, Tennessee and received her Bachelor of Business Administration in Accounting. She began her career in 1991 with a large Tennessee based homecare chain as a staff accountant and later joined a national healthcare consulting firm as their Reimbursement Manager.

Melinda has many years of firsthand experience in the following key areas:

- Medicare Home Health Billing Training
- Medicare Hospice Billing Training
- Chart Reviews as a result of OIG Corporate Integrity Agreements
- Chart Reviews for Billing, ICD-10 Coding & OASIS Integrity Issues
- Coordination of Clinical and Financial Staff Communications
- Home Health PDGM & Hospice Billing, Collections & Case Mix Calculations
- Medicare Revenue Recognition Models
- Operations Reviews and Process Improvement
- Due Diligence Procedures
- Staffing Pattern Analysis
- Management of a Medical Billing Department
- Financial Feasibility Studies/Certification Applications
- Correspondence and Appeals with Medicare Administrative Contractors

TOPIC: Home Health Value Based Purchasing Update

Join us for an update on Home Health Value Based Purchasing (HHVBP). We will cover the OASIS measures included in HHVBP, detail the claims and HHCAHPS measures, define elements of HHVBP that also directly impacts the Linear Exchange Function (LEF) calculation, discuss the 5% maximum payment impact as a result of the LEF, review the most recent released Interim Performance Reports, and review current status of HHVBP and any proposed changes.



Dr. JoAnne Owens-Nauslar

This 1970 graduate of Chadron State College has spent forty-five years promoting the benefits of healthy, active living and is considered one of the nation's most vocal personalities on issues of physical activity for children and the potential for school success.

She has been described as Past President of almost everything, including the National Association for Sport and Physical Education; S.H.A.P.E. America; the Nebraska S.H.A.P.E.; Central District AAHPERD; Husker Softball "On Deck Circle" and the Husker Athletic Fund.

Dr. Jo taught in Newcastle, WY, for five years and then moved to the University of Nebraska-Lincoln on a graduate teaching assistantship. She has taught at all levels and was the State Director for Comprehensive Health and Physical Education at the Nebraska Department of Education for 9 1/2 years. Fifteen years ago, she joined corporate America.



JoAnne is a Fellow in the American School Health Association and the North American Society for Health, Physical Activity, & Sport. She was inducted in the inaugural class of the Newcastle (WY) High School Hall of Fame in 2013. Dr. Jo has been acknowledged as a Distinguished Alumni at Chadron State College and the University of Nebraska-Lincoln. UNL presented her with the Trailblazer award acknowledging her 40 years of trailblazing efforts for girls/women and sport. The garage is full of plaques and trophies, but this session is not about her...it's about YOU.

You will have opportunities to laugh, learn, network, and share while being reminded of the necessary ingredients for a healthier, happier you and the science and value of phys-ical activity for all. Dr. Jo believes we must "move to improve" and the part of the brain that makes us move...also helps us think. Be prepared to be reminded that each of us needs to "Secure Your Own Mast FIRST!" and then we are better prepared to help others.

When Dr. Jo is not on the speaking/training circuit, she can be found long-distance running or working Texas Longhorn cattle, goats, Ilamas, or horses at Big-E-Nuff Ranch in Lincoln, NE.

TOPIC: Secure Your Own Mask, FIRST

In this General Session, identify doable tips to take care of yourself before helping others, make healthy and active living daily priorities, learn coping skills, implement action strategies to sustain your ENERGY, and identify ways to laugh, learn, share and network.

Chuck Elley is a 28-year-veteran of the Nebraska State Patrol who lives in Scottsbluff, Nebraska and retired from the agency in 2014. His background includes working road operations for four years and then ten years as a patrol investigator involving drug and criminal cases. He also worked intelligence tracking criminals from state to state. Chuck spent his last fourteen years working in the Community Policing Division of the Patrol dealing with problems in the community. He is a trainer in the Standard Response Protocol and has conducted safety and security assessments in schools for Nebraska Department of Education. He is currently a Disciplinary and Review board member for the Nebraska Supreme Court.

Crash Dynamics and Distracted Driving

Learn about crash forces, the different types of collisions in every crash, types of crashes that are the most deadly, different types of injuries sustained when unrestrained during the five types of crashes, using restraints to prevent injuries, and the impacts of distracted driving.

Personal Safety/In-Home Visits and Current Drug Trends

Learn how to prepare yourself before going to an in-home visit. Learn how to approach a residence and what to look for to keep yourself safe. Determine how to avoid from being trapped inside a residence and what is an avenue of escape. Identify safe practices after leaving a patient or client home. Learn today's drug trends and what type of drugs we are seeing in the Midwest. Learn how today's high potent Marijuana (THC) is impacting our youth. Learn simple things you can do to prevent drug abuse in your family.





LEARNING OBJECTIVES

- Participants will be able to identify the policy landscape influencing legislative and regulatory actions affecting health care at home.
- 2. Participants will be able to identify regulatory changes that impact home care and hospice.
- 3. Participants will be able to identify federal legislative developments in health policy that impact health care at home.
- 4. The learner will be able to identify the structure to the HHVBP Expansion that began Jan 1, 2023.
- The learner will be able to demonstrate support for the HHVBP Linear Exchange Function calculation.
- The learner will be able to identify what is coming with Value Based Purchasing.
- Participants will demonstrate how to engage in service inquiry calls, including implementing best practices.
- 8. Participants will understand how to identify, prioritize, and manage prospects.
- Participants will understand the best practices for providing care to clients when caregiver workforce is limited.
- 10. Participants will be able to demonstrate an understanding of the 21st Century Cures Act, how electronic visit verification (EVV) will affect patients, and the implementation timeline.
- 11. The learner will be able to define the national POLST program and identify the history within the state of Nebraska.
- The learner will be able to apply the state program's recommendations for how to incorporate the NE POLST form into respective facilities, systems, and other healthcare settings.
- The learner will be able to demonstrate how to use the state NE POLST program and NHCPA as resources and support for integrating POLST in standard practice.
- 14. Participants will be able to identify and implement strategies to address extraordinary pressure, challenges, burnout, and stress that home care and hospice providers are facing.
- The learner will be able to identify the Stages of Wound Healing.
- 16. The learner will be able to define Negative Pressure Wound Therapy (NPWT).
- The learner will be able to describe Indications, Contraindications, Warnings, and Mechanisms of Action.
- 18. The learner will be able to demonstrate Application/Removal Techniques.
- 19. The learner will be able to define Alarms, Troubleshooting, and Patient Education.
- The learner will be able to identify NPWTi-d, ciNPWT, Open Abdomen NPWT, and dNPWT.

- 21. Participants will be able to define dementia.
- 22. Participants will be able to describe the different types and stages of dementia.
- 23. Participants will be able to demonstrate how dementia care impacts outcomes.
- 24. The learner will be able to define the concept of crash forces.
- 25. The learner will be able to describe the three collisions in every crash.
- 26. The learner will be able to identify the five types of crashes, which is the most deadly, and why.
- 27. 27. The learner will be able to describe what happens to unrestrained occupants during the five types of crashes.
- 28. The learner will be able to describe five ways restraints prevent or minimize injury.
- 29. The learner will be able to identify why some crashes are un-survivable.
- 30. The learner will be able to define how driving distracted greatly increases your chance of being in a crash.
- 31. Participants will demonstrate strategies to prepare themselves before entering a patient or client home for a visit.
- 32. Participants will identify how to approach a residence and what to look for to keep themselves safe.
- 33. Participants will implement strategies on how to avoid being trapped inside a residence and what is an avenue of escape.
- 34. Participants will demonstrate effective strategies for returning to their vehicle, and how to respond if they are being followed.
- 35. Participants will identify current drug trends and what type of drugs we are seeing in the Midwest.
- 36. Participants will identify how today's high potent Marijuana (THC) is impacting our youth.
- 37. Participants will demonstrate strategies to prevent drug abuse in the family.
- 38. Participants will be able to apply techniques to address the latest topics and trends impacting the home health, home care and hospice industry.
- 39. Participants will be able to implement strategies to comply with the latest regulatory and clinical changes impacting home health, home care and hospice.
- 40. Participants will be able to resolve challenges impacting home health agencies, hospice agencies and personal care home care companies.

REGISTRATION

Nebraska Association for Home Healthcare and Hospice October 2-4, 2023, Annual Conference

Younes Conference Center North 707 W. Talmadge Street, Kearney, NE

Agency/Organization/Company Name:	
Address:City, State, Zip:	Phone:
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ANNUAL CONFERENCE REG	DISTRATION FEES
Annual Conference Registration Fees for Members: 1st Member Representative - \$250 = \$ Participant 1 Name: Additional Member Representatives - \$200 X = \$ Addtl Participant Name: Addtl Participant Name:	Email: Email: Email:
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REGISTRATION

Nebraska Association for Home Healthcare and Hospice October 2-4, 2023, Annual Conference

Younes Conference Center North 707 W. Talmadge Street, Kearney, NE

Annual Business Meeting Lunch - Members & Prospective Members Annual Business Meeting Lunch Option (select an option below – your registration fee includes lunch):
☐ I will attend the luncheon.
Special dietary requests, food allergies:
I will not be attending the luncheon.
Media acknowledgement (Be sure to read description before selecting.) By clicking this box I acknowledge photos and videos will be taken at the event and images of myself an others attending on behalf of the organization for which I am registering may be used publicly for future conference, social media, and association promotional use.
Payment Methods ☐ Check – Print and complete this form then send with a check payable to the "Nebraska Association for Home Healthcare and Hospice" at 3901 Normal Blvd., Suite 100, Lincoln, NE 68506.
Credit Card - Click here to register/pay online.

Registrations are due by September 25, 2023. A \$3 processing fee is applied to all credit card transactions.

When you provide a check as payment, you authorize us either to use information from your check to make a one-time electronic fund transfer from your account or to process the payment as a check transaction. When we use information from your check to make an electronic fund transfer, funds may be withdrawn from your account as soon as the same day we receive your payment, and you will not receive your check back from your financial institution.



